

THCC WEEKEND AWAY - EXAMPLE PROGRAMME

| TIME | Saturday | TIME | Sunday | TIME | Monday |
|--------------------|---|----------------|-------------------------|-----------------|--|
| 8:00am | Meeting at Lansbury Lodge Coach departure 8:30am sharp | 8 - 9am | Breakfast | 8 - 9am | Breakfast Vacate rooms before meeting |
| | | 9:30am | Session | 9:30am | Session |
| | | 10:45am | Coffee break | 10:45am | Coffee break |
| 10:30 | Session | 11:15am | Session: Family Service | 11am | Communion time (including children) |
| 12 - 1.30pm | Lunch | 1pm | Lunch | 12 - 1pm | Lunch |
| 1.30pm | Free time/entertainment | 2pm | Free time/entertainment | 3pm | Depart for Tower Hamlets! |
| 4.30pm | Coffee Break | 4.30pm | Coffee break | | |
| 5pm | Optional Seminars | 5pm | Optional Seminars | | |
| 5 - 6pm | Dinner | 6pm | Dinner | | |
| 7.30pm | Session | 7.30pm | Session | | |
| 9:30pm | Free time | 9:30pm | Free time | | |

Children's work will take place during times shaded green.
The 7:30pm sessions will be for children aged 8 to 11.